

PROJECT TITLE: OPERATIONS

GRANT DESCRIPTION: An operations grant to help fund residential and out-patient services for women recovering from substance abuse.

GRANT AMOUNT: \$75,000

APPROVED: January 29, 2014

PROJECT START DATE: September 1, 2013

PROJECT END DATE: August 31, 2014

CHARITABLE PURPOSE: Health & Human Services\Illnesses\Substance Abuse

GRANT TYPE: General Operations

GRANT OBJECTIVES: Clients will not succumb to their addiction and gain skills to live productive drug free lives.

SUMMARY OF REPORTED FINDINGS:

During the 2014 reporting period Alpha Home provided substance abuse treatment as follows:

545 women received drug and/or alcohol treatment services:

- 241 accepted into residential treatment program (goal of 359)
- 304 accepted into outpatient treatment program (goal of 378)

Alpha Home employs a combination of tools to gather and measure data. These include staff observation, interviews, drug testing, compliance with state and federal treatment guidelines, completion of treatment and education modules, and client surveys. Written documentation of client progress is presented during weekly meetings. Data is also recorded in the statewide database (CMBHS) which is maintained by the Texas Department of State Health Services. Data is also gathered through interviews with employers, CPS case workers, family members, probation officers, legal counsel, court staff, and others.

Alpha Home reports attaining its program outcomes goal of 70% successful recovery rate in all program areas. Specific measures included:

Outcomes (Clients will...)	Residential	Outpatient
Stop using drugs and alcohol	97%*	87%
Acquire or improve parenting skills and nurturing family dynamics	100%	100%
Obtain & maintain a job; become involved in educational/vocational programs; or, volunteer work in the community	92%**	72%
*measured as a minimum of 30 days clean/sober; some clients relapsed while in treatment but were re-engaged and treatment stay extended		
** clients with medical/mental health issues precluding employment eligibility not counted		

Family First program designed to educate parents on the dangers to the family of drug/alcohol use:

- Pregnant and Post-Partum Intervention (PPI)
 - Educated women about Fetal Alcohol Spectrum Disorder
 - 276 women participated
 - 235 women (85%) abstained from the use of drugs/alcohol
 - More post-partum clients than anticipated were served due to the eligibility age of children changing from 18 months to less than 6 years

➤ Parenting Awareness and Drug Risk Education (PADRE)

- Educated men on the impact of alcohol and drug abuse on their families
- 20 men participated
- 100% stopped/decreased the use of alcohol/drugs by identifying risks to client and/or family
- 100% gained or improved communication skills resulting in healthier family relationships
- Fewer men than anticipated were served due to the program starting very late in the reporting period