



# EVALUATION SUMMARY

JUNE 2015

**COMAL COUNTY SENIOR CITIZENS FOUNDATION**  
New Braunfels, TX

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                             |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|
| <b>PROJECT TITLE:</b> SENIOR NUTRITION PROGRAM                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                             |
| <b>GRANT DESCRIPTION:</b> An operations grant to help fund a Meals on Wheels program in Comal County.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                             |
| <b>GRANT AMOUNT:</b> \$70,000                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>APPROVED:</b> May 15, 2014               |
| <b>PROJECT START DATE:</b> October 1, 2013                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>PROJECT END DATE:</b> September 30, 2014 |
| <b>CHARITABLE PURPOSE:</b> Health & Human Services\Elderly\Nutrition Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                             |
| <b>GRANT TYPE:</b> General Operations                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                             |
| <b>GRANT OBJECTIVES:</b> For home delivered meals seniors and disabled citizens will be able to remain independent in their homes and will maintain and enhance their nutritional levels. Congregate meal participants will have the opportunity to lead a healthier life through nutrition and socializing and will also have the opportunity to participate in physical and mental exercises.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                             |
| <b>SUMMARY OF REPORTED FINDINGS:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                             |
| <p>During the reporting period for this grant the Comal County Senior Citizens Foundation (CCSF) experienced significant growth in its programs:</p> <p><b>Senior Nutrition Program</b></p> <ul style="list-style-type: none"> <li>➤ 670 seniors served</li> <li>➤ Meals served and/or delivered daily (five days per week) <ul style="list-style-type: none"> <li>• 48,099 home delivered meals</li> <li>• 4,085 congregate meals</li> </ul> </li> <li>➤ Frozen meals delivered to homebound clients on Fridays and Holidays</li> <li>➤ Client satisfaction surveys were consistently positive with occasional reference to personal food likes/dislikes <ul style="list-style-type: none"> <li>• 34% rated meals as excellent</li> <li>• 59% rated meals as good</li> <li>• 7% rated meals as fair</li> </ul> </li> </ul> <p><b>My Friends Haus</b> had an average daily attendance of 55 clients.</p> <p><b>New Programs</b></p> <ul style="list-style-type: none"> <li>➤ <i>Silver Threads</i> newsletter published and mailed to all members each month</li> <li>➤ <i>Hospital Readmission Prevention Program</i> <ul style="list-style-type: none"> <li>• Designed to ensure clients are not readmitted to the hospital for 30 after they are released</li> <li>• 40 clients assisted</li> </ul> </li> </ul> <p><b>IT Network</b></p> <ul style="list-style-type: none"> <li>➤ Purchased new master printer and a new server</li> <li>➤ Purchased computers and printers for staff use</li> <li>➤ Upgraded software</li> </ul> |                                             |